

Seniors Care Grant

The Seniors Care Grant helps eligible Nova Scotia seniors with the cost of household and healthcare services. Grants are up to \$500 for each household. A one-time Home Heating Grant of \$250 is also available to eligible seniors to help with heating costs.

Applications for the two grants open on September 1, 2022, and close on March 31, 2023.

Who is eligible

To qualify for the grants, you must:

- be 65 years of age or older by March 31, 2023
- have an annual household net income of \$37,500 or less
- live in a home or apartment that you own or rent
 - have your name on the property title, Land Titles Initiative Certificate of Claim, or residential lease agreement
- have paid, or will pay, for household and healthcare services and home heating between June 1, 2022, and March 31, 2023 – keep receipts as described on the right.

Acceptable receipts include those:

- on a piece of paper or in a notebook *(written or signed by the service provider)*
- in a receipt book *(written or signed by the person or business providing the service)*
- from a business

Receipts must include:

- name of the person receiving the service
- type of the service received
- cost of the service
- date of the service
- name and address of the person or business providing the service



What services are eligible

Eligible household and healthcare services include:

- cooking and meal preparation (excluding the cost of food)
- grocery and meal delivery (excluding the cost of food)
- healthcare services – such as eye exams, dental work, mental health supports, physical therapy, occupational therapy, massage therapy, foot care, dieticians, nutritionists, audiology, and speech and language pathologists
- home heating repairs and regular heating maintenance
- home cleaning, organizing, and help with downsizing or moving
- laundry
- medication and prescription delivery (excluding the cost of medications and prescriptions)
- outdoor work – such as driveway maintenance, landscaping, lawn care, snow removal, stacking wood, and tree removal
- phone, cell phone and internet services (excluding the cost of devices)
- small home repairs – such as windows, doors, roof, plumbing, electrical, decks, fencing, siding, and painting
- transportation – such as taxis, ride shares, shuttles, and public and community transit – such as the bus, Access-A-Bus, and ferry

One-Time Home Heating Grant

When you apply for the Seniors Care Grant, you can also apply for a one-time Home Heating Grant of \$250 to help with the costs of heating.

Eligible costs include furnace oil, natural gas, propane, firewood, wood pellets, and electricity.

How to apply

Applications can be submitted online, by mail, or by fax. The application is available online at novascotia.ca/seniors-care-grant, or you can get a paper application at Access Nova Scotia Centres and MLA offices or by calling **1-800-670-4357**.

The deadline for applications is **March 31, 2023**. Funds can be used on household and healthcare services and home heating between **June 1, 2022**, and **March 31, 2023**. Only one person can apply for each household.

Note: You can also opt in to receive the Seniors Care Grant when you apply for the Property Tax Rebate for Seniors. You do not need to apply again if you opt in through this application. The Department of Service Nova Scotia and Internal Services will contact you to see if you also want to apply for the one-time Home Heating Grant.

More information:

If you have questions or need help with the application:

- call **1-800-670-4357**
- email seniorsgrant@novascotia.ca
- go to novascotia.ca/seniors-care-grant

The Seniors Care Grant provides financial support to low-to-modest income seniors to help them live well in their homes.

The Seniors Care Grant is an annual grant up to \$500 to help cover the costs of household and healthcare services. It can be used to cover the costs of such things as phone, cellphone, and internet services. Healthcare services, like foot care, physiotherapy, and mental health support. Small home repairs, grocery and meal delivery, home cleaning, transportation services, outdoor work, and more. It is available to homeowners and renters.


To be eligible for the Seniors Care Grant:

- You still reside in your home
- Your name is on the property title, residential lease agreement, or Certificate of Claim
- You are or will be 65 years of age or over by March 31, 2023
- You have an annual household net income of \$37,500 or less

A one-time home heating grant of \$250 is available this year to help cover the costs of home heating. It is available to applicants who meet Seniors Care Grant eligibility and pay for their own heat. It covers heat sources such as furnace oil, natural gas, propane, firewood, wood pellets, and electricity.

HOW TO APPLY

Consider applying online if you can—
you could save on mailing time and get your grant(s) faster.

APPLY ONLINE at: www.novascotia.ca/seniorscaregrant 

If you are not applying online, submit your signed and completed application form by mail or fax by **March 31, 2023**

Send by mail to: Seniors Care Grant, PO Box 160, STN Central, Halifax, NS B3J 2M4

Send by fax to: 902-428-2449

AFTER YOU APPLY

Wait to receive your grant(s).

- If approved, a cheque(s) will be sent to your mailing address within **8 weeks**.
- Keep a copy of your household and health services receipts, and if applicable, a copy of your heating bill/receipt. You only need to provide receipts if you are contacted to do so
- If you provide your email address, we may email you if we require any additional information. Keep an eye out for email notifications from seniorsgrant@novascotia.ca.
- If denied, a written letter will be mailed to you.

For more information call: 902-424-5200 or 1-800-670-4357 toll free in Nova Scotia.

APPLICANT INFORMATION AND SIGNATURE(S) REQUIRED ON REVERSE 



SENIORS CARE GRANT Application Form

1 GIVE YOUR DETAILS

Submit only one application per household. Please print clearly.

Civic Address: _____
 City/Town: _____ Postal Code: _____
 Do you? OWN YOUR HOME, RENT YOUR HOME, or are you a participant of the LAND TITLES INITIATIVE
 Mailing Address (if different than Civic): _____
 First Name: _____ Last Name: _____
 Social Insurance Number (SIN): _____ Date of Birth (DD/MM/YYYY): _____
 Email: _____
 Cell #: () - Home #: () -
 Provide details if you have a spouse/partner or other adult living in the home with you

Other Adult First Name: _____ Other Adult Last Name: _____
 Social Insurance Number (SIN): _____

2 WHICH GRANTS ARE YOU APPLYING FOR?

BOTH SENIORS CARE GRANT ONLY HOME HEATING GRANT ONLY

3 SENIORS CARE GRANT: HOW MUCH WILL YOU SPEND ON HOUSEHOLD AND PROFESSIONAL HEALTH SERVICES?

\$500 or more Less than \$500: Enter Amount _____

The Seniors Care Grant is to be spent on service costs incurred between June 1, 2022, and March 31, 2023.

HOME HEATING GRANT: A ONE-TIME GRANT OF \$250 TO SPEND ON HOME HEATING.



The Home Heating Grant is to be spent on home heating source costs incurred between June 1, 2022, and March 31, 2023. You must pay for your own heat. Be sure to indicate in Section 2 above if you wish to receive this grant.

4 PROVIDE YOUR SIGNATURE(S) BELOW

I/We declare that the information provided on this application form is true and correct to the best of my/our knowledge. I/we attest that my/our annual household net income is \$37,500 or less, the property, lease arrangement, or Certificate of Claim is under my/our name, the applicant is or will be 65 years or older by March 31, 2023, and I/we have/will spend money on household services, healthcare services, and/or home heating between June 1, 2022, and March 31, 2023.

I/We understand that Service Nova Scotia and Internal Services will collect, use, and disclose my/our personal information only for the purpose of determining and verifying my/our eligibility for the Seniors Care Grant Program, or as authorized by the Freedom of Information and Protection of Privacy Act, and will collect statistical information for program review purposes.

I/We understand that Service Nova Scotia and Internal Services may contact me/us at a later time to request proof of address, proof of income and/or proof of services paid. If you filed your income tax return as married or common-law, you must supply BOTH signatures for processing.

Signature of applicant: X  Date: _____
 Signature of spouse/partner/other adult: X  Date: _____