

Project Summary

Club Social des Iles continues to be the focal point of our small, rural, Acadian community. Because of the services we offer our community centre has attracted more and more seniors. We want to continue to bring seniors out of their isolation by offering them opportunities to socialize with other seniors in our facility. For us to continue doing this we badly need to do some renovation work. The original site was the old parish hall dated in the 1860s! The "new" part of Club Social des Ile has just celebrated our 50th year by serving a complete turkey dinner free to 80 volunteer seniors in April of this year. We want to expand our Lunch & Learn program and also offer an exercise program through YouTube targeting seniors. We also hope to start a Games Night at our centre. We would like to offer old-fashioned games such as Crokinole, crib, cards, and checkers. We would also like to start a Movie Night by using our large screen and projector that is connected to the internet by wifi. Nova Scotia is well known for having heavy metals in our drinking water including arsenic. The water in our drilled well is twice the accepted level so we want to install a filter in our water softener system to eliminate arsenic. We also want to do some renovations in our kitchen to make it safer and more efficient for our seniors who volunteer at our centre and wish to create more storage space at the same time. To make our community centre more energy efficient we want to add another R30 blown-in insulation in the attic space of the main building. Because a great deal of very hot air will be trapped in that attic space in the summertime we want to install a ridge vent along the top of our roof. The back of the old building (old Parish Hall) facing the water needs new siding as well as new eaves.

Activities and Timelines

Lunch & Learn - Spring & Fall of 2025

Arsenic filter - As soon as possible in the Spring of 2025

Kitchen Renovations - At times when the kitchen is not in use this work schedule will have to be flexible.

Insulation - As soon as we can get the installer from Halifax.

Siding & Eaves - Summer of 2025.

Games Night - The schedule will have to be fixed by the Club Directors.

Meets Objectives

All of the people involved in this project are seniors and mostly all French Acadians. Some are low-income people and are on Social Assistance. We are situated in a small rural community in Southwestern Nova Scotia. The group age is from the late 50s to 83! We have been designated as a Comfort Centre by our Municipality and we have recently been able to acquire and install a 24Kw generator. We are wheelchair-accessible and are open to all visible minorities and nationalities.

Community Needs

As mentioned above "All of the people involved in this project are seniors and mostly French Acadians. Some are low-income and some are on Social Assistance. We are situated in a small rural community in Southwestern Nova Scotia." This application has a large proportion of requests in the field of " providing capital assistance for new and existing community projects and/or programs for seniors". The reason for this, as stated earlier, has to do with the age of the building and the continued use of our facility by our community.

Organizational Capacity

Since its foundation, the club has been very active in our French Acadian community offering various services to all ages, including but not limited to the following:

Wedding Receptions and Anniversaries.

Baby showers.

Christmas Parties for the children of our communities.

Receptions after funerals.

Dinner Theatres in French.

Valentine Dances.

Christmas Candlelit Dinners.

Adults Dart Tournaments.

Adult Dances with live bands.

Benefits for those in need.

Hosted other New Horizon groups.

Joint Festivals to fundraise with the fire department and our church.

Pizza nights.

Community Meetings.

Local Craft Sales.

Headquarters for Search & Rescue.

Creation of a ballfield for the youth & adult softball.

Budget

Project Information

Project Number: 019438001

Start Date: April 15, 2024

Project Title: Continue our Lunch and Learn in a safe place for Seniors.

End Date: December 13, 2024

We have great support from our community. This is evident in the large turnout at our events. The Lunch & Learn Program, being new to our area, is slowly being attended by more and more seniors and we hope to expand it by offering more subjects of interest to our seniors. Please see the attached letter of support.

A special meeting of the Board of Directors, the Event and Planning Committee and the Maintenance Committee was held and a draft document was presented to start the discussion. A thorough discussion took place and a consensus was reached after an hour and a half. Depending on quotes and the final budget the items agreed upon would be included in the application.

The greatest is the socializing and this project with help to alleviate social isolation. We have older seniors teaching younger seniors and non-seniors how to do particular tasks (e.g. in cooking especially). Working together is also a tremendous benefit to our seniors. I take a lot of pride in the creation of the teamwork we now have and that we value everyone's participation and talents.

After the project is complete, how many individuals do you think will benefit from the proposed project activities?

* Number of Seniors
(Required)

* Number of Non-Seniors
(Required)

Please use this field to describe budget details of all costs indicated under the budget section. (Please refer to the applicant guide for detailed instructions.)

Arsenic Water Filter - \$2,415.00
Ridge Vents - \$2,175.00
Food Lunch & Learn - \$2,268.00
Kitchen Renovations - \$7,292.00
Attic Insulation - \$5,664.00
Games - \$1,268.00
Siding & Eaves - \$3,918.00 Total = \$25,000.00

Indicate the number of seniors and non-seniors who will take part in the planning and the design of the proposed project activities.

Number of Seniors
15

Number of Non-Seniors
1

